## Spiritual Companioning Group beginning Thursday, January 22, 2015

"Help! I don't feel God's presence in my life like I used to."

"How do I hear God?"

"Can I know you more, God?"

"I'm confused, God. What do you want me to do?"

A new small group is beginning at SMM for the expressed purpose of assisting participants in discovering, rediscovering, and deepening their awareness of God's movement in their lives. Alan Harris, SMM parishioner, who is a fulltime chaplain and trained in spiritual direction, will be hosting and facilitating the group.

This offers participants the opportunity to participate in spiritual direction (typically in a one-to-one setting, with a fee or offering for each session) with the extra benefits afforded in a supportive small group setting of 4-6 members.

There will be no charge for participating in the group, but any donations to the House of Grace will be graciously welcomed! The group, to be held at The House of Grace, will begin on Thursday, January 22, 2015, starting at 7:00pm and running about 2 hours. It is scheduled to meet the 4<sup>th</sup> Thursday of every month from January – May 2015. The intention is that the group be a "closed group", however, with the option of being open to new members.

Please contact Alan at <u>alan@worklifesoul.com</u> or 816-679-4126 with questions or to place your name on the list for this new group.