

DocAssist is Expecting!



Due Date: January 1, 2015

Beginning January 1, 2015 Illinois DocAssist will begin offering **perinatal mental health support** to primary care clinicians in Illinois. Whether it is depression, anxiety, or another perinatal mental health issue, DocAssist can help!

Here are some of the services we will provide:

Consultation: Warmline consultation with psychiatrists about the perinatal mental health needs of your pregnant and newly parenting women.

Available **Monday-Friday, 9a-5p** at **1-866-986-2778** or at DocAssist@psych.uic.edu

Referrals: When necessary, assistance with finding perinatal mental health services and support for women outside of your primary care setting.

Medication Chart: Access to a chart outlining the latest clinical recommendations for psychopharmacology with pregnant and lactating women.

Workshops: CME-eligible educational trainings for primary care clinicians (family medicine, OB/GYNs, pediatricians, and nurses).

Onsite Practice Consultation: Our psychiatrists will visit your practice setting to help you strategize ways to integrate regular perinatal mental health screenings into your practice routine.

Screening Tools: We will help you decide which screening tool (e.g., Edinburgh, PHQ-9, etc.) makes the most sense for your patient population.

Child & Adolescent Psychiatric Consultation Continues

Please continue to contact DocAssist for all of your child and adolescent behavioral health needs!