

## **HOW TO GET ON E-MAIL LIST FOR FAMILIES IN NEED OF MEAL SERVICE**

We have come up with an easy way to accommodate the needs of families who will need meal service. If you are interested in helping and becoming part of this e-mail list you will need to follow these directions.

1. Sign up on line at <https://www.lotsahelpinghands.com/c/648472/> - Begin at "Join this Community?" and follow prompts.
2. Your member request will then need to be approved by the 'community coordinator' Ann Corrado. This may take a couple of hours - so please be patient.
3. Once you have been approved by Ann - you will be sent an e-mail link where you need to verify your personal e-mail address and password. Click on this link and it should take you to Lots a Helping Hands website.
4. After this step is done you are on this list and part of the St Luke's Meals Community. Any time there is a family in need of meals you will be e-mailed. You will get the specifics on the family, dates and meal details and will have access to the website and calendar where you can sign up for dates.

We understand that there will be times when you can help and other times when you can not. There is no pressure to cook for every family in need - there will be plenty of helping hands - we ask you do what you are comfortable with and this website and calendar will give that flexibility.