

Attitude tells a lot about a person.

1.If a hug is needed, don't be shy!



No one appreciates a firm handshake more than a soldier.



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2. If they prefer not to shake hands...



...then a chest bump will do.



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Just make sure you do a duck face afterward so they can laugh at you.



3. Admire their medals. They were hard-earned.



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4. Always treat their families with great respect.



They have been through more than you could imagine.



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5. Laugh with them!



Laughter is a medicine that works 102% of the time.



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6. It's important that you treat a soldier the way you would treat your own family.



7. If you know a soldier, call them on the 4th of July.



It will make their day!

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8. Or you can Skype them.



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9. Each soldier has an amazing story.



10. Listen.



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Listening is often the best gift you can give someone.



11. Give them a hug!



Soldiers love getting hugged because most of them are big softies deep down.

12. Do a sport with them.

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Soldiers love being active.



President Bush golfs with wounded veterans at the Warrior Open tournament.

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13. Make sure you are respectful.



14. Serve them a big dinner if you can. Lots of meat.



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15. But if you only have a minute, look them square in the eye...



And say, "Thank you."



We promise you they will appreciate it.

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God Bless America !

