

Strandwood Elementary

Join now for only **\$95!** Tuesday - 1/13/15 thru 3/10/15
(9 weeks)

Hip Hop / Jazz Combo Dance Class: (Tuesday 3:00 - 4:00) K – 5th Grades

Come learn the basic dance techniques of 2 very popular dance styles, Hip Hop and Jazz. Your child will learn 2 different dance routines while they learn the moves and grooves of age appropriate songs. The children will perform for you on the last day of class.

Class will be held in the multi-purpose room.

Please register using this form and submit to the PTA basket in the office, register on-line at www.fitkidsamerica.org or mail to:

**Fit Kids America
272 Brady St.
Martinez, CA 94553**

Questions? Call Keith at 925-989-2577 or keith@fitkidsamerica.org



STUDENT'S NAME

DATE

ADDRESS & ZIP CODE

TELEPHONE NUMBER/CELL PHONE

BIRTHDAY

SCHOOL/TEACHER/GRADE

SESSION DATES AND PROGRAM

PARENT'S SIGNATURE

E-MAIL ADDRESS

PERSONS AUTHORIZED TO PICK UP MY CHILD MY CHILD RETURNS TO ONSITE CHILD CARE: YES NO

PERTINENT MEDICAL CONDITION(S)

PAYMENT METHOD: CHECK NO: _____

RELEASE AND WAIVER OF LIABILITY

I release and hold harmless Fit Kids America, its officers, directors, employees, agents, landlords, lessees and franchises hereafter the "Released Parties" from any and all liability for injury to my child(ren) caused in any manner, including the negligence of the Released Parties, by my child(ren)'s participation in any Fit Kid America program.

I acknowledge that some Fit Kids America programs are designed, through certain movements, concentrate on the cardiovascular system, flexibility, balance, coordination, muscle toning and endurance. The routines allow for a warm-up and cool-down period, and children are advised to warm-up and pace themselves during the course of routines. I acknowledge I have been advised to consult with my physician with respect to any past or present injury, illness, cardiovascular problem, knee problem, or any other condition that may affect my child(ren)'s participation and ability to participate in and endure the exercise program.

I further release the Released Parties from any and all claims for loss or injury to personal property or for personal injury from any cause related to a Fit Kids America program, including but now limited to theft, fire, and the simple negligence of the Released Parties.