

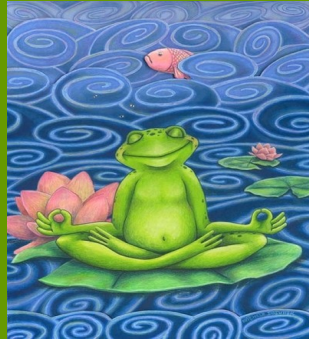


VILLAGE
CENTER FOR THE ARTS®
"A FRIENDLY PLACE FOR LEARNING"



STRANDWOOD ELEMENTARY YOGA FOR KIDS

GRADES 2-5



Our classes are designed to engage junior yogis through postures perfect for kids. Providing benefits of increased focus and flexibility, students gain greater self-esteem and compassion for others.

Fitness and fun for the mind and body!

Day: Monday

Time: 3:00-4:00 pm

Location: Strandwood MUR

Tuition: \$112 + \$15 lab fee includes yoga mat

Class Dates: 2/2, 2/9, 2/16, 2/23, 3/2, 3/9, 3/16, 3/23



TO REGISTER CALL

676.8400



VILLAGE CENTER FOR THE ARTS
1720 Linda Dr. Pleasant Hill CA, 94523 | 925-676-8400

