

# Parent/Mentor Report Card

## *My Child...*

- ☐ Respects authority
- ☐ Feels social responsibility
- ☐ Has a healthy sense of self, is secure, is happy with whom they are becoming
- ☐ I want to learn skills to be a better, more effective parent/mentor

**N**oah has a temper tantrum, refusing to go to school; Emma invented a new sport that involves flinging Cheerios across the living room carpet; and Daniel arrived home from a party at 6:30 a.m.!

Nobody ever said child-rearing was easy. And even when it is going well, sometimes we wonder whether we're doing enough.

As parents we worry about the well-being of our children and about their future, and our role in shaping them.

How do we keep them safe, while encouraging their independence? When should we motivate them by incentive, and when by establishing firm consequences? And how do we build their self-esteem to prepare them mentally and emotionally for the long road ahead?



Edison,  
Jul, '14

Edison,  
Apr, '13

Sand,  
Feb, '14

Sand,  
Jun, '13

Lady,  
Sep, '14

# Raise your Report Card....and... *Your Children* to a New High

## { LESSON 1 }

### PARENT, OR "PEER ANT"

Do you relate to your child as a friend, or as an influential personality whom they admire and respect? How do you instill a reverence for authority and at the same time reinforce their emotional security?

## { LESSON 2 }

### BE FIRM, OR FORGIVING?

If you're too forgiving, your child may lack direction. If you're too strict, they may look elsewhere for support in their time of need. In this lesson, you'll examine the pros and cons of a plethora of parenting models to find a balanced approach.

## { LESSON 3 }

### GRANT FREEDOM, RESPONSIBLY

You know that to raise an independent child you cannot be overprotective. But how do you protect them from acting irresponsibly? At what point must you let go and trust them to make their own choices?

## { LESSON 4 }

### CULTIVATE HEALTHY SELF-ESTEEM

Insecure children are bullied and bully others. How do you make sure that doesn't happen to your child? And what can you do to help them uncover their unique qualities and develop a confident self-image?

## { LESSON 5 }

### REWARD AND DISCIPLINE, EFFECTIVELY

Your child is acting up. What do you do? Praise and reproach are the carrot and stick of child rearing, but how do you respond when your kid just shuts down? How can you ensure that your words and actions communicate the right message and achieve the desired results?

## { LESSON 6 }

### IMPART A TOOLKIT FOR LIFE

The tools your child needs to succeed include a great education, strong values, and an identity they are proud of. What role does each parent play in providing these? And how can you help your child discover the joy in Judaism and a proud sense of Jewish identity?

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