ABOUT THIS WORKSHOP

This workshop focuses on the theoretical and clinical advances in psychotherapy within the trauma-based, self psychology, developmental psychopathology, and attachment disorder perspectives. The topics are primarily oriented to improving clinician’s skills with patients presenting with depression, anxiety, relationship and life interfering behaviors, eating disorders, paraphilias or sexual disorders and addictions.

AGENDA

8:00a.m. – 8:30a.m.  Sign-In & Breakfast
8:30a.m. – 9:30a.m.  Multiple Lenses of Grief: Recognition to Reinvention  Daniel A. Glaser, MSW, LCSW
9:30a.m. – 9:45a.m.  Break
9:45a.m. – 10:45a.m. Expanding Realities & Consolidation: Complex Trauma Informed Therapy  Daniel A. Glaser, MSW, LCSW
10:45a.m. – 11:00a.m. Break
11:00a.m. – Noon  The Prism of Trauma and the Vibrancy of Spirituality: Spiritual Integration as a Lens for Healing  Jeffrey D. Thompson, M.Div., LPC
Noon – 1:00p.m.  Lunch on your own
1:00p.m. – 2:00p.m. Clarity from Chaos: Challenging Emotion Dysregulation in Search of the Wise Mind  Jeffrey D. Thompson, M.Div., LPC
2:00p.m. – 2:15p.m. Break
2:15p.m. – 3:15p.m. Military Trauma: Battling the Enemy Within  Jamie Jones, LPC, NCC, M.Ed.
3:15p.m. – 3:30p.m. Break
3:30p.m. – 4:30p.m. Overcoming Body Dysmorphia: Reclaiming Freedom  Jamie Jones, LPC, NCC, M.Ed.

THE SPECTRUM OF HEALING: THE KALEIDOSCOPE OF TRAUMA

Workshop hosted by:
THE NEW ORLEANS INSTITUTE AT RIVER OAKS HOSPITAL
Treatment for Trauma-Based Disorders, Compulsive Behaviors & Trauma-Related Eating Disorders

PRESENTERS

DANIEL A. GLASER, MSW, LCSW
Mr. Glaser is Program Director of the New Orleans Institute Trauma/Compulsivity Programs at River Oaks Hospital. His national presentations have focused on family therapy, group therapy, and healthy sexuality. Mr. Glaser received his Masters Degree in Social Work from Tulane University in New Orleans and completed post-graduate specialty training in mental health and aging, sexual dysfunction, and family therapy. He has served on several graduate faculties, teaching at both the masters and doctoral levels, including teaching psychiatry residents in the Department of Psychiatry at Tulane Medical Center. Mr. Glaser works with clients covering the developmental spectrum – children, adolescents, and adults. Outpatient treatment includes relational therapy, sexual dysfunction, trauma-based disorders, sexual compulsion, and family therapy.

JEFFREY D. THOMPSON, M.Div., LPC
Mr. Thompson is a Clinical Associate of the New Orleans Institute at River Oaks Hospital in New Orleans, Louisiana and has served as the Program Coordinator for the Trauma Based Eating Disorders component of the program. He has been a member of the treatment team since 1999 and specializes in trauma resolution/ stabilization, eating disorders and compulsive behaviors. Mr. Thompson also specializes in the use of spiritual resources in the recovery process. He is experienced in individual, group, couples and family modalities of therapy. Mr. Thompson received his Masters Degree in Divinity, with a specialization in psychology and counseling, from the New Orleans Baptist Theological Seminary.

JAMIE JONES, LPC, NCC, M.ED.
Ms. Jones is a Clinical Associate of the New Orleans Institute at River Oaks Hospital. She received her Masters Degree from the University of New Orleans and is a Licensed Professional Counselor. Ms. Jones has served as Admissions Coordinator to both the New Orleans Institute and The Eating Disorders Treatment Center, and has been a member of the River Oaks Hospital treatment team since 2001. She specializes in both inpatient and outpatient treatment of patients presenting with eating disorders, trauma based disorders, and compulsive behaviors, and is experienced in the treatment of adults, adolescents, couples and families.
2015 WORKSHOP CALENDAR

With a respected national reputation, our programs have provided quality services for individuals from Canada, South America, Europe, and every state in the United States. The programs offer individualized treatment packages that emphasize individual psychotherapy, dialectical behavior therapy, expressive therapies, psychoeducational modules, relapse prevention groups, and options for EMDR. Relapse prevention includes identifying triggers, high risk situations, balanced living, boundaries, and adaptive coping resources. Treatment is based on psychodynamic, cognitive-behavioral, and systemic approaches. Treatment may include inpatient, intensive outpatient, and the specialized Impaired Professional Program. Program selection is based on careful screening and assessment.

TRAUMA-BASED DISORDERS PROGRAM

This program offers treatment to a diverse trauma population, which includes combat trauma, natural disasters, sexual assault, emotional incest, and sexual abuse. The two tracks are trauma stabilization and trauma resolution. Since trauma has a dissociogenic force, the full spectrum of dissociation is addressed. The goal of the program is to promote healing and recovery utilizing information reprocessing, grief work and anger management, as well as expressive therapies are integral components of treatment.

COMPELLING BEHAVIORS PROGRAM

Services offered address a variety of compulsive behaviors, including sexual compulsions/addiction, paraphilias, addictive relationships, compulsive eating, obsessive-relational intrusion, gambling, and self-injury. The majority of clients co-present with other related issues such as substance abuse, eating disorders, depression, and interpersonal difficulties. The model supports the belief that compulsions are related to identifiable sources (e.g., family dysfunction and/or trauma), operate in a predictable pattern (cycle identification), and can benefit from behavioral management techniques (e.g., covert sensitization). Relapse prevention too is an essential feature of the program. Didactic modules and dialectical behavior therapy help clients increase the ability to tolerate affect without the use of self-harm.

THE EATING DISORDERS TRACK

Trauma and abuse place an individual at risk for the development of eating disturbances, including food restriction, binge eating, purging, compulsive exercise, and obsessive relational intrusion. Individualized treatment is designed based on the client’s unique needs and includes individual therapy, group therapy, expressive movement and spiritual endeavors. Didactic modules and dialectical behavior therapy help clients increase the ability to tolerate affect without the use of eating distressed symptoms. Clients learn to identify hunger and healthy eating habits. Our team helps clients explore and understand their eating disturbance in the context of trauma.

OBSERVATION

• Describe the impact of loss/ onset of trauma on grief.
• Summarize therapeutic approaches in facilitating resilience.
• Describe a blueprint for collaboration and change using trauma informed approaches to address complex traumatic stress.
• Apply therapeutic interventions to consolidate positive change from the effects of complex posttraumatic stress.
• Define spirituality, religion, and faith and explain their significance in the process of spiritual integration interventions.
• Apply spiritual integration interventions in individual and group settings.

The New Orleans Institute for the Advancement of Psychiatric Healing is an approved provider of the American Nurses credential board directly to determine eligibility of this training to meet your continuing education requirements.

If you are seeking continuing education credits for a specialty not listed above, it is your responsibility to contact your licensing/certification board directly to determine eligibility of this training to meet your continuing education requirements.

Registration: Advanced Practice Nurses (Florida Board of Nursing), at a discounted rate of $90.

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