



housing, services, and community for LGBT seniors  
**openhouse**

**Institute  
on Aging**

**Stanford  
Geriatric  
Education  
Center**

**Northern  
California  
Geriatric  
Education  
Center**

**FCA  
FAMILY CAREGIVER ALLIANCE®**  
National Center on Caregiving

**alzheimer's  
association**

# Preparing for the Changing Horizon:

## Dementia Awareness and Caregiving for LGBT Older Adults from Diverse Communities

*A timely educational conference designed for diverse  
Lesbian/Gay/Bisexual and Transgender older adult caregivers,  
their care receivers with cognitive challenges, family and friends,  
as well as healthcare/social service providers and policy makers.*

**Friday, February 20, 2014 (8:30 am – 4:00 pm)**

The Milton Marks Conference Center, Hiram W. Johnson State Office Building, Lower Level  
455 Golden Gate Avenue (between Larkin and Polk), San Francisco, CA 94102  
(Parking: Civic Center Underground, parking garages walking distance to the State Building.  
Plan for extra time for passing through the building's security screening.)





### Program Description

According to a recent report published by the San Francisco LGBT Aging Policy Task Force, LGBT older adults have unique barriers to accessing information about and services for Alzheimer’s and dementia care. This program will present the experiences and perspectives of LGBT caregivers and community members experiencing these challenges, and how the provider community can best respond to their needs. Speakers will focus on person-centered assessment, diagnosis, and treatment of dementia in diverse LGBT older adults; LGBT caregiver well-being; practical approaches to communication; family and cultural issues related to team-based health care; behavioral and other alternative interventions for dementia-related symptoms; and how to identify, access, and use effective healthcare/social service resources in mainstream and LGBT-welcoming institutions.

### Learning Objectives

Upon completion of this program, we anticipate that participants will be able to:

1. Describe cultural beliefs and practices about dementia that are important to integrate into the team-based management of emotional, social and psychological issues experienced by the LGBT caregiver, the care receiver and the family.

2. List at least two symptoms of early stage dementia in LGBT older adults from diverse communities.
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3. Explain the benefits of person-centered assessment and diagnostic procedures to LGBT caregivers, care partners, families, and service providers.

4. Identify pharmacologic and behavioral interventions commonly used to manage cognitive changes, depression, agitation and other behavioral symptoms of dementia.

5. Describe a strategy for accessing and using effective LGBT-affirming resources available in a variety of healthcare/social service settings.

### Registration

Please register online at the following URL:

[http://bit.ly/LGBT\\_ChangingHorizons\\_SF2015](http://bit.ly/LGBT_ChangingHorizons_SF2015).

LGBT caregivers and staff from non-profit community service agencies are eligible for a limited number of complimentary registrations on a first come, first served basis. For questions or additional information, contact Marian Tzuang:

mtzuang@stanford.edu  
(650) 721-1023  
fax: (650) 721-1026

### Continuing Education Units (CEUs)

The Alzheimer’s Association is an approved vendor for providing 6 CE units/hours\* for the following certified license entities:

- Certified Nurse Assistant (CNA) and Home Health Assistant (HHA). Approved by the California Department of Health Services (Provider #06329).
- Licensed Clinical Social Worker (LCSW) and Licensed Marriage and Family Therapist (LMFT). Approved by the California Board of Behavioral Sciences (Provider #1121).
- Registered Nurse (RN) and Licensed Vocational Nurse (LVN). Approved by the California Board of Registered Nursing (Provider #CEP12415).

**\*CEU certificates will be distributed no earlier than 4:00pm**

### Event Sponsors

Stanford Geriatric Education Center, Family Caregiver Alliance, Openhouse, Alzheimer’s Association, Northern California/Northern Nevada Chapter, UCSF Northern California Geriatric Education Center/Institute on Aging Consortium, and the County and City of San Francisco, Department of Aging and Adult Services.

