

## GENERAL INFORMATION

Recently renovated, the Bendheim Western Greenwich Civic Center boasts a gymnasium, full weight room, and gorgeous dance studio, in addition to several activity rooms that will fill anyone's needs.

The sprawling athletic fields spill on to a baseball diamond and public playground that are used by many residents. While home to the classes, clinics, and groups listed inside of this brochure, it also hosts special events such as Halloween Happenings, plays, puppet shows, puppet making classes, magic shows and workshops, a holiday roller-skating party, and live outdoor performances for nights of family entertainment.

To rent a room at our facility for your own function, you may fill out the rental request form or contact our friendly and helpful staff.

## ROOMS & RENTAL FEES

### Multi-Purpose Room/Gym

- o 150 Person Capacity with tables
- o 250 Person Capacity with auditorium-style seating.
- o **\$65.00** per hour for parties and events under 3 hours.
- o Any event 4 - 8 hours is a flat rate of **\$999.00**.

### Community Room/Kitchen

- o 120 Person Capacity with tables
- o 200 Person Capacity with auditorium-style seating.
- o **\$60.00** per hour for parties and events 3 hours or less not including set up and clean up time.
- o Any event 4 - 8 hours is a flat rate of **\$999.00**.

### Dance/ Aerobic Fitness Room

- o 25 Person Capacity
- o **\$60.00** per hour

### 7 Activity Rooms

- o 30 Person Capacity with tables
- o 45 Person Capacity with auditorium-style seating.
- o **\$37.00** per hour

### Free Weight Exercise Room

- o **\$200.00** per year to join

## HOURS OF OPERATION

Monday through Friday: 7:30 AM – 9:30 PM

Saturdays: 8:30 AM – 8:30 PM

Sundays: 9 AM – 6 PM

**\*\*Hours of operation and room charges are subject to change.**

## HOLIDAYS

<b>Independence Day</b>	Fri., July 4, 2014	9AM – 5PM
<b>Labor Day</b>	Mon., Sept. 1, 2014	9AM – 5PM
<b>Columbus Day</b>	Mon., Oct. 13, 2014	9AM – 5PM
<b>Veterans Day</b>	Tues., Nov. 11, 2014	9AM- 5PM
<b>Thanksgiving Day</b>	Thurs., Nov. 27, 2014	CLOSED
<b>Day after Thanksgiving</b>	Fri., Nov. 28, 2014	9AM – 5PM
<b>Christmas Eve</b>	Wed., Dec. 24, 2014	9AM – 5PM
<b>Christmas Day</b>	Thurs., Dec. 25, 2014	CLOSED
<b>New Year's Eve</b>	Wed., Dec. 31, 2014	9AM – 5PM
<b>New Year's Day</b>	Thurs., Jan. 1, 2015	CLOSED
<b>Martin Luther King Day</b>	Mon., Jan. 19, 2015	9AM – 5PM
<b>Presidents Day</b>	Mon., Feb. 16, 2015	9AM – 5PM
<b>Good Friday</b>	Fri., April 3, 2015	9AM – 5PM
<b>Easter</b>	Sun., April 5, 2015	CLOSED
<b>Memorial Day</b>	Mon., May 25, 2015	9AM – 5PM



## TOWN OF GREENWICH DEPARTMENT OF PARKS AND RECREATION



## BENDHEIM WESTERN GREENWICH CIVIC CENTER

### 2014-2015 Program Brochure

449 Pemberwick Road  
Greenwich, CT 06831

Phone: (203) 523 – 1259  
Fax: (203) 532 – 1246  
Visit Town Hall Online:  
[www.greenwichct.org](http://www.greenwichct.org)

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## ADULT PROGRAMS

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### Open Basketball

The gym at the Civic Center is available most days for open basketball for youth and adults. For schedule information, please visit [www.greenwichct.org](http://www.greenwichct.org).



### Toastmasters

A supportive and positive environment to develop communication and leadership skills. For more information, Contact Peter Helmer at 203-273-9451.

### Boot Camp

Work out, love it, and get hooked! One exhilarating hour of calorie burning, heart-racing, muscle pumping, body energizing, inspiring movement! For more information, Contact Kelly Garafalo at 203-253-6719.



### Volleyball

Co-ed adult volleyball is available every Wednesday night from 7:30 to 9:00 PM. All levels are welcome to play and it's only \$4 to enter the game; \$3 with Senior Card. For more information, call the Civic Center or come by any Wednesday!

### Pickleball

Easy to learn – great family sport – appeals to all ages. It is a combination of tennis, badminton and ping pong. It's only \$4 to enter the game; \$3 with Senior Card.

### AARP Meetings

Chapter#3020 of the American Association of Retired Persons meets on the first Thursday of each month. For more information, contact Theresa Kelly 203-531-8263

### Weight Club

The Bendheim Western Greenwich Civic Center houses a complete free-weight center. For more information on joining, call Leroy Frost at 203-644-0067. (Must be 16 years or older)



### Zumba

Latin-inspired dance fitness class that incorporates high energy music and easy to follow dance movements. For more information, contact Marlyn Cassone at 203-561-3404 or email [Poodledoodle7@aol.com](mailto:Poodledoodle7@aol.com).

### Body Barre

Enjoy 40 minutes of bar exercise, followed by 20 minutes of weight and core work. For more information, Wendy Lee Rosa at 203-496-1857 or email [wendy.lee987@gmail.com](mailto:wendy.lee987@gmail.com).

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## CHILDREN'S PROGRAMS

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**For more info call or stop by the Civic Center, 203 532-1259, or check our website at [www.greenwichct.org](http://www.greenwichct.org)**

### Youth Golf Clinic

An introduction to basic golf fundamentals, including proper grip, stance, etiquette and rules of the game; Available in the spring. For Children 6 – 10 years old.

### Youth Basketball Clinic

Young players entering kindergarten through 5<sup>th</sup> grade can learn to dribble, pass, shoot and score in these lessons; Available late Fall and Winter.



### Tennis For Tots

Program meets late fall to early spring for children 3 to 7 years old. Your child can learn the basics of tennis through various games and drills.

### Indoor Field Hockey

Clinic for ages 8-12, teaching stick work, passing, receiving, shooting, and basic offense/ defense skills. Sessions are available in late Fall and Winter.



### Dance Pointe

Students may choose from a broad range of dance such as ballet, modern, tap, contemporary, jazz, hip hop and more. For more information call 203-559-8634.

### Boy Scouts & Girl Scouts

Boy Scout Troop 35 meets every Monday night during the school year. Girl Scout meetings (TBA). For information, contact the Boys Scouts office at 203-869-8424, or Girl Scouts at 203-531-1681.

### Adventurers Camp

A Co-ed Summer program for 8 to 15 year olds. Campers meet at the civic center each day. Themed days and activities are provided. Transportation is provided for special trips and beach days. For information, contact Patricia Troiano at 203-622-2228.

### T-Ball

For children ages 4 & 5. Saturday afternoon games from late April to early June on the Bendheim Civic Center Field. Registration begins in late February.

### Small Fry I Baseball

An instructional league for 6 year olds that incorporates coach pitching and using the tee, if necessary. Registration is in late February.

### Jack Rabbits Gymnastics

Gymnastic classes for toddlers. To register or for more information, visit [www.jackrabbitsgym.com](http://www.jackrabbitsgym.com) or call 203-613-1033.

### Soccer with Aldwin

A unique training program that focuses on teaching the fundamentals of soccer in a fun environment. Winter indoor sessions. For Children 4 – 7 yrs.



### Social Skills

Social Interaction and communication workshops that is fun and educational. For children 4 yrs & up. For more information call 212-579-5300 or info [@socialsklz.com](mailto:@socialsklz.com).

### Princeton Review

SAT and ACT Test Preparation for students in High School. For more information, visit [www.princetonreview.com](http://www.princetonreview.com), or call 203-226-2899

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## FAMILY PROGRAMS

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### Birthday Party Rentals

Have your children's birthday party at the Western Greenwich Civic Center! We have a gym or community room that can both fit any type of party you are planning for that special child or loved one.



If you're interested in having your party at the Civic Center, simply fill out the rental application and email it to us at [fgabriele@greenwichct.org](mailto:fgabriele@greenwichct.org), or fax it to 203 532-1246.

### Family Movie Nights

Bring a picnic and enjoy a movie with your family. Family movie nights take place during the summer months. \$1 popcorn available. Dates to be announced.



### Just Wee Two

A program for children ages 14 months to 3 ½ years and their mommies, daddies, or even nannies. For more info, call Hellen Beck or Ruth Broitman at 800-404-2204 or 516-433-0003.



### Karate

Traditional Japanese Karate. Available for ages 4 to adult. For more information, Contact Nagayasa Sadataka at 201-313-9787 or email [Seiken1@verizon.net](mailto:Seiken1@verizon.net).