

JACKIE KOLD

FITNESS AND YOGA

ENERGY • BALANCE • STRENGTH

Cordially invites you and the special girl
in your life to...

Two Hearts Yoga Workshop

Sunday, Feb. 21st, 2-3:00pm

Cost: Just \$40



Per Couple!



OPEN TO: Moms and Daughters, Grandmas and Granddaughters, Aunts and Nieces or any woman with a special girl in her life who wants to experience the love of yoga and partner poses together!

Workshop Held at: Jackie Kold Fitness and Yoga
5N201 Shady Oaks Court, St. Charles, IL.

Pre-registration Required. Space is Limited so Don't Delay!

Please R.S.V.P. by Feb. 16th to Studio Owner Jackie Kold at info@jackiekoldfitness.com or call Jackie at 630-584-2254.

www.jackiekoldfitness.com