



MOORESTOWN
VISITING NURSES & HOSPICE

Free Grief Support Groups/Programs 2014-15

All groups are led by professionals and provide the opportunity to learn about grief and to share loss-related experiences in a comfortable, private environment..

RSVP/PRE-REGISTRATION REQUIRED, at least 24 hours in advance,
please call **(856) 552-1300, ext. 2507**

Please call Ext. 2707 for updates, including cancellations due to inclement weather.

services@moorestownvna.org www.moorestownvna.org facebook/moorestownvna

Support groups/programs are free and open to all. Donations are gratefully accepted.

EXPRESSIONS for CHILDREN (Ages 7-13)

6:00-7:30 pm Scheduled dates: 2014: 10/15, 11/3, 11/19, 12/1, 12/17 2015: 1/21, 3/2, 3/18, 4/6, 4/15, 5/4, 5/20, 6/1, 6/17
(1st Monday and 3rd Wednesday of the month) Parents/Guardians may be invited to attend certain sessions.

A special group for children and pre-adolescents that centers on dealing with grief through creative art activities.

GROWING THROUGH GRIEF, DAYTIME (Adults)

3rd Thursdays Monthly, 1:30-3:30pm Scheduled sessions: 2014: 10/16, 11/20, 12/18 2015: 1/15, 3/19, 4/16, 5/21, 6/18

An ongoing grief support group for those who have lost a spouse, family member or friend within the last 2 years.

GROWING THROUGH GRIEF, EVENING (Adults)

6:00-7:30 pm.—Dates: Mondays, 2014: 6/9, 10/13, 11/10, 12/8 2015: 1/12, 3/9, 4/13, 5/11, 6/8

A grief support group for adults who have lost a family member or friend.

PATHWAYS THROUGH GRIEF-DROP-IN DISCUSSION (Adults)

1:30-3:00 pm – Thursdays, 2014: 10/23, 12/18 2015: 1/22, 3/26, 4/30, 5/28, 6/25

Monthly opportunity for those with a loss within the past year to learn about coping with early phase of grief, as well as build a support network with other recently bereaved individuals.

GAY & LESBIAN GRIEF SUPPORT GROUP (Adults)

3rd Monday of each month, 6:00-7:30 pm- 2014: 10/20, 11/17, 12/15 2015: 1/19, 3/16, 4/20, 5/18, 6/15

A grief support group for adults who have experienced a significant loss through death within the past 2 years.

COPING WITH THE HOLIDAYS (Adults)

One session: Monday evening, November 24, 2014 6:00-7:30 pm

All above support groups take place at :
Moorestown Visiting Nurses & Hospice
300 Harper Drive, Moorestown, NJ 08057

No support groups are held in February due to the possibility of inclement weather

INTERFAITH SERVICE OF REMEMBRANCE

Join us in this free interfaith service to remember and honor lost loved ones. **Date:** November 13, 2014 at 7:00pm. The service will be held at Moorestown Community House. 16 East Main Street, Moorestown.