

Upcoming events and activities

Free Sunday Cinema Series: "Love is Strange" – 1 p.m. Sunday, Jan. 18, Folsom Public Library Meeting Room, 411 Stafford St. This is a free event sponsored in conjunction with the Folsom Film Society. Directed by Ira Sachs, "Love is Strange" blends the romance of New York City's streets and skyline with a delicate Chopin piano score to poignantly capture both the lightness and sorrows of this modern day love story. Rated R. (916) 355-7374

ARTful Women: Six Voices in Cloth – Exhibit featuring contemporary fiber art work by Pam Berry, Joan Dyer, Ann Sanderson, Lin Schiffner, Gail Sims and Sandra Poteet opens Jan. 23 and continues through March 12, Gallery at 48 Natoma. Community Gallery features a creative display of children's art from the Brighton Elementary Private School. The Public is invited to celebrate both exhibits at a free opening reception, 6 – 8 p.m. Friday, Jan. 23, with refreshments, wine and live guitar and flute music. (916) 355-7285

Healthy Folsom Challenge Kick-off & Health Fair – 10 a.m. – noon, Saturday, Jan. 24, Folsom Public Library, 411 Stafford St. Take the Healthy Folsom Challenge for a chance to win a prize. Cooking and martial arts demonstrations, free B-12 shots and more. (916) 355-7374

Valentine's Day Party, 11:30 a.m. Friday, Feb. 13, Folsom Senior & Arts Center, 48 Natoma St. Bring a brown bag lunch or make a lunch reservation with Senior Nutrition. (916) 351-3386.